www.ame-spa.com

The Menu



AME SPA

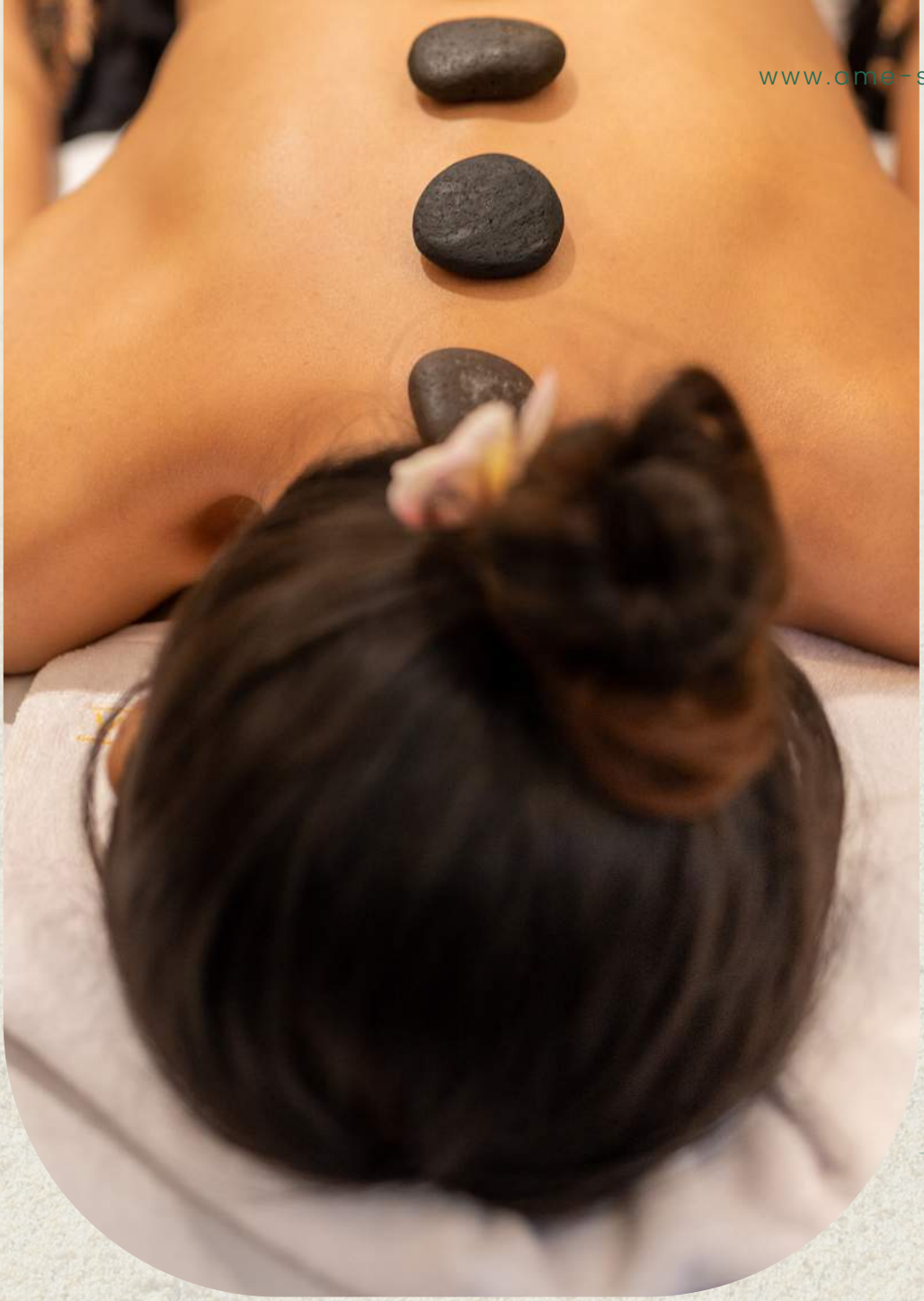
A boutique spa perfect for your mind, body & soul.



Body and Foot Massage

www.ame-spa.com

Located in Ascott Jakarta, Indonesia



TRADITIONAL BALINESE MASSAGE

Our Traditional Balinese Massage combines the benefits of essential oils and various techniques including skin rolling, kneading, stroking and acupressure, which brings you to another level of deep relaxation

60 min- IDR 380K

HOT STONE MASSAGE

In our best selling Hot Stone Massage, the heated stones are positioned on key points of your body to relieve tension and stress while Chakra touch will help to release blockages and improves the flow of energy throughout your body.

60 min - IDR 400K
90 min - IDR 520K
120 min - IDR 690K

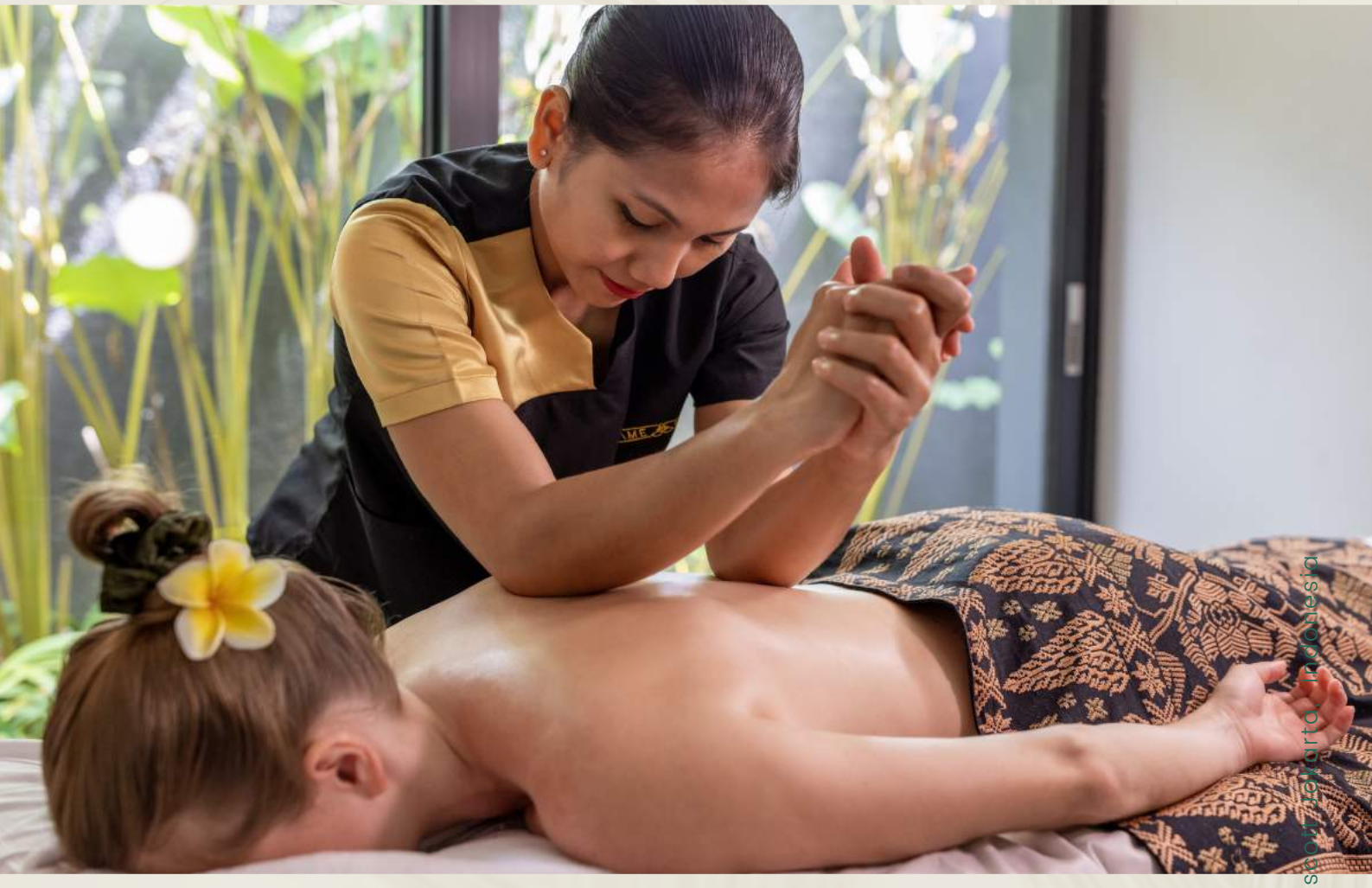
All Prices Exclude Government Tax & Service Charge

Located in Ascott Jakarta, Indonesia

DEEP TISSUE MASSAGE

Release the tension and stiffness of your muscle from a tiring day or after your work out session with our Deep Muscle Massage. Slow and firm pressure will be applied as this massage technique targets the inner layers of muscle tissue to ease pain and speeding healing in muscular problems.

60 min - IDR 400K
90 min - IDR 520K
120 min - IDR 690K



THAI MASSAGE (DRY)

This dry Thai Massage is using a sequence of gentle, flowing exercise movement like yoga postures where your body is moved, loosened and stretched in a manner which leaves you in a state of sublime relaxation. It improves the blood circulation, lowers the heart rate, and increases the lymphatic circulation as well as improving muscle strength.

60 min - IDR 340K
90 min - IDR 480K

All Prices Exclude Government Tax & Service Charge

BACK MASSAGE

The perfect way to relieve shoulder and upper back pain.
Includes a combination of the back, shoulder, head massage and oil massage techniques

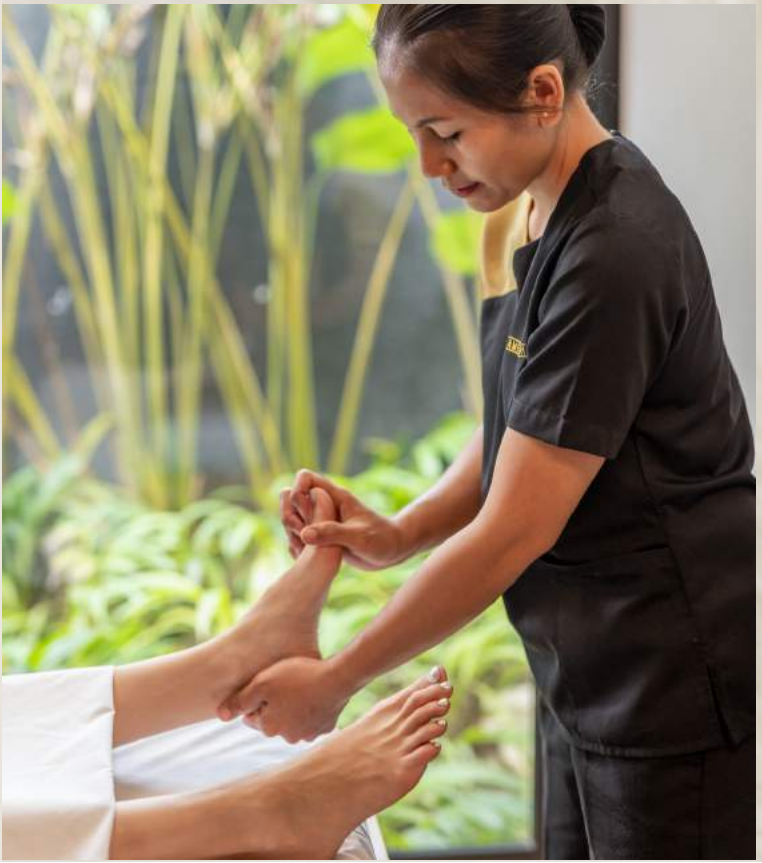
30 min - IDR 240K
60 min - IDR 335K

PRENATAL MASSAGE

Our gentle Prenatal Massage will be a total relaxation for the mother-to-be which also improve their blood circulation and relieves muscle and joint pain during pregnancy, leaving them refresh and ready for the day.

60 min - IDR 410K





FOOT REFLEXOLOGY

A luxurious footbath in Himalayan salt and aromatic essential oil to soothe the fatigue feet followed by a gentle feet massage to improve blood circulation, relieves swollen feet and ankles, this treatment is sure to pamper your tired feet

30 min - IDR 240K
60 min - IDR 320K

All Prices Exclude Government Tax & Service Charge

Located in Ascott Jakarta, Indonesia

Signature Massage

www.ame-spa.com

Located in Ascott Jakarta, Indonesia

AME SPA SIGNATURE DOUBLE BLISS

Relaxing massage from head to toe, with a dreamy blend of essential oils. It will soothe your mind, relax your muscles, improve blood circulation and balance your energy. A combination of techniques from Javanese and Balinese massage, followed by Face Acupressure is a perfect way to pamper and heal a tired body and mind.

90 min - IDR 500K
120 min - IDR 610K



AME SPA SIGNATURE HERBAL BALL HERITAGE

This Signature Herbal Ball Heritage massage uses healing herbs compressed in a ball and combined with the aromatic and relaxing Thai massage technique, it gives you a total relaxation. Sore muscles are worked and stretched and then warmed herbal compresses are applied to soothe the sore muscles, relaxes aching muscles and reduces tension through the heat and aromatic properties of the herbs used in the compress.

60min - IDR 450k
90 min - IDR 590K
120 min - IDR 765K

All Prices Exclude Government Tax & Service Charge

Located in Ascott Jakarta, Indonesia

Body Treatment



Located in Ascott Jakarta, Indonesia

www.ame-spa.com

NATURAL AFTER SUN SOOTHER

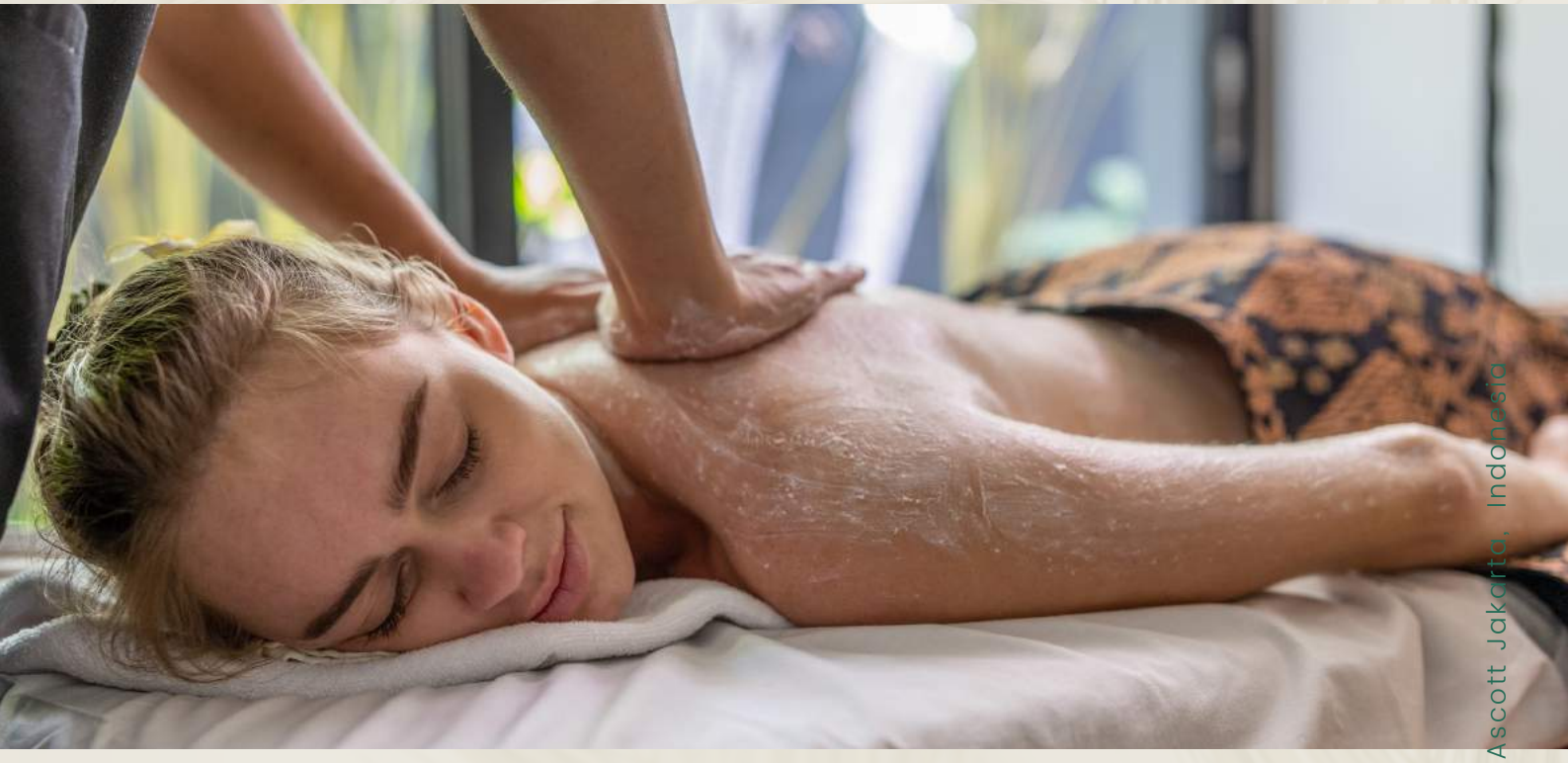
This hydrating and soothing treatment brings together the healing benefits of aloe vera to soothe the skin after sun exposure.

60 min - IDR 420K

RICE MILKBODY MASK

Our Rice Milk Body Mask use natural ingredients to nourish, firm, and tone the skin. It also helps to stimulate the production of collagen and reduce spots, leaving the skin hydrated and supple. The mask will be left on your skin for about 15 – 25 minutes, followed by a shower and finalize with a body lotion application to keep your skin moisturized..

60 min - IDR 330k



LAVENDER CREAMY BODY SCRUB

This all natural Lavender body scrub contains a lavender essential oil. Lavender has many physical and mental benefits since it improves blood circulation, reduce skin inflammations and irritations and also boosts relaxation and calms anxiety.

60 min - IDR 420k

Located in Ascott Jakarta, Indonesia

All Prices Exclude Government Tax & Service Charge

CACAO + COFFEE BODY SCRUB

Coffee is long well known for its antioxidants and is a great detoxifier, helps to remove dead skin cells, reduce the appearance of cellulite, prevents premature aging skin, and also improve blood circulation. While chocolate is very moisturizing and softens the skin leaving a luminous glow.

60 min - IDR 420k





ROSE CREAMY BODY SCRUB

Since centuries, roses are known for its beauty benefits all over the world. Roses have antibacterial and anti-inflammatory properties, which is great for reducing redness on skin and treating any acne related blemishes. The natural ingredients cleanse the clogged pores from inside while the natural oil found in roses help to lock the moisture into the skin , leaving the skin feeling hydrated and nourished.

60 min - IDR 420k

Located in Ascott Jakarta, Indonesia

All Prices Exclude Government Tax & Service Charge



Face Treatment

www.ame-spa.com

Located in Ascott Jakarta, Indonesia

INSTANT LIFTING FACE MASSAGE

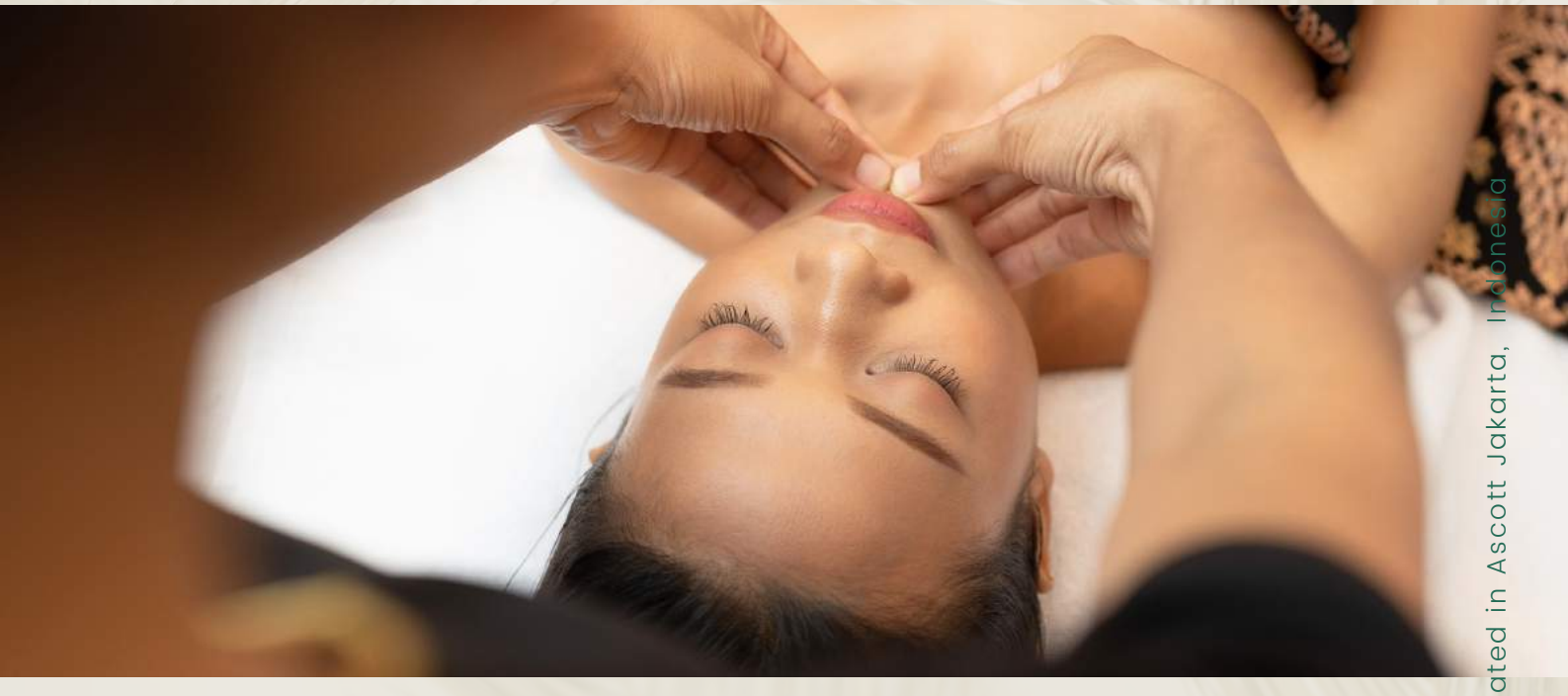
The instant lifting face massage combines the benefits of our all-natural blended ingredients face oil with our face acupressure technique (also known as "totok wajah") to improve blood circulation. The oil is made with nourishing botanical oil and potent antioxidants, to help restore and rejuvenate the skin.

30 min- IDR 200k
60 min- IDR 370k

NATURAL LIFTING BALINESE FACIAL

This natural Balinese Facial includes deep cleansing, exfoliation, extraction/pore vacuums, instant lifting face massage, a skin – perfecting mask and hydrating moisturizer as the final step to leave your skin smooth and refreshed.

60 min - IDR 450k



Located in Ascott Jakarta, Indonesia

GENTLEMAN FACIAL

Designed specifically for men, this facial treatment provides deep cleansing, refines pores, improves skin tone, and boost blood circulation through face acupressure massage.

60 min- IDR 390k

All Prices Exclude Government Tax & Service Charge



Signature Facial

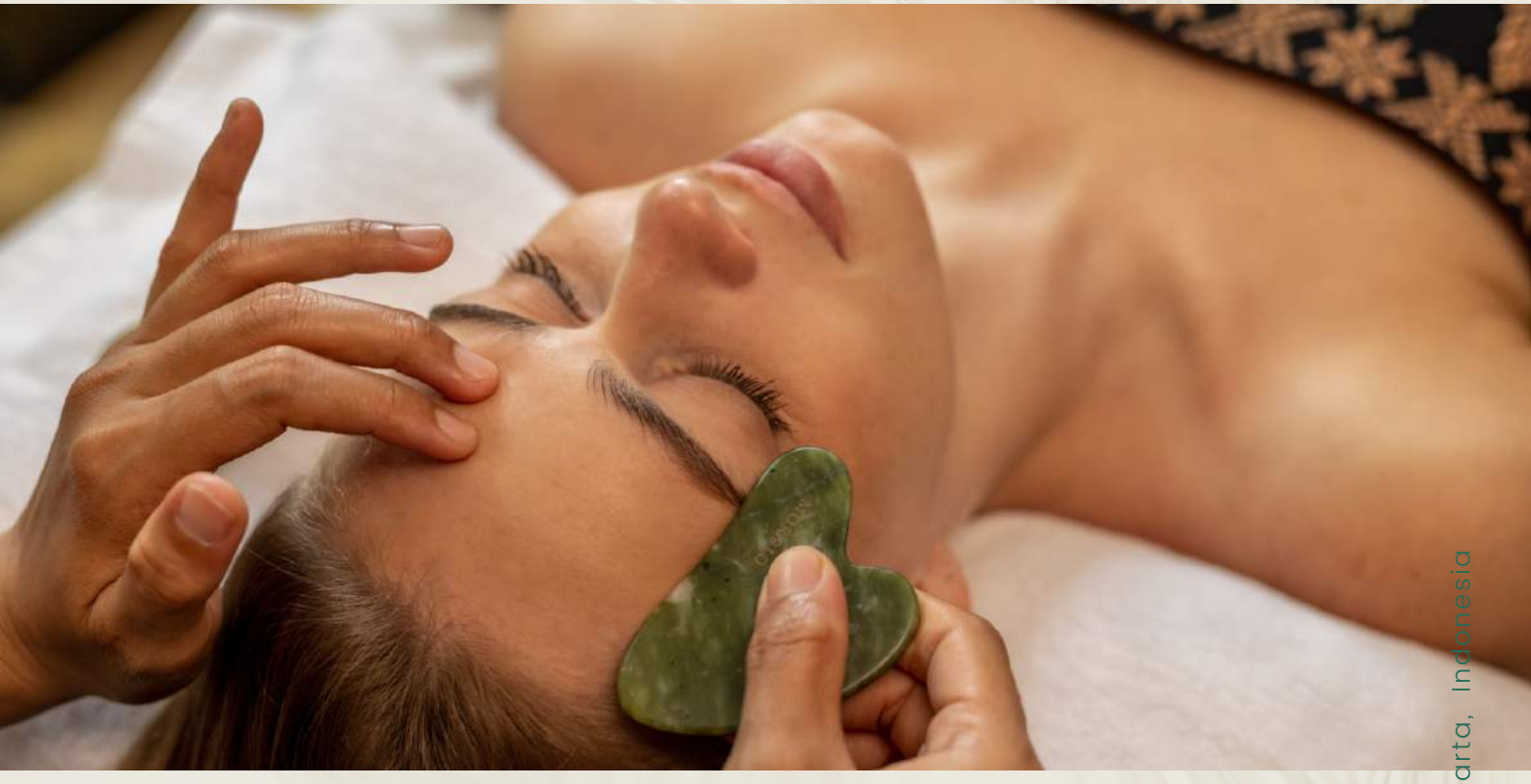
Located in Ascott Jakarta, Indonesia

www.ame-spa.com

AME SPA SIGNATURE GUA SHA FACIAL

Ame Spa Signature Guasha Facial combines the steps of natural lifting Balinese Facial with ancient Chinese technique called Guasha that involves scraping a flat natural stone over the skin to help relieve the tension in the muscle of the face, boost blood circulation, and also reduce puffiness and imflammation, leaving your skin feeling brighter and firmer.

90 min- IDR 590k



AME SPA SIGNATURE HYDROJELLY FACIAL BY ESTHEMAX

Our Ame Spa Signature Hydrojelly Facial combines the signature guasha facial with hydrojelly skin perfecting mask exclusively produced by Esthemax. This premium hyrdojelly face mask have an instant cooling and soothing effect that is not only refreshing but helps firm, soothe and revitalize the skin for a natural subtle glow.

90 min - IDR 690k

All Prices Exclude Government Tax & Service Charge



Ame Spa Ritual Packages

www.ame-spa.com

Located in Ascott Jakarta, Indonesia

TRANQUILITY DREAM RITUAL

Tranquility Dream Ritual is a combination of our Traditional Balinese Massage and Natural Lifting Balinese Facial

120 min - 700k

ORGANIC SANCTUARY RITUAL

In Organic Sanctuary, we starts the ritual withAme Spa Signature Double Bliss massage, followed by chosen all-natural Body Scrub Treatment.

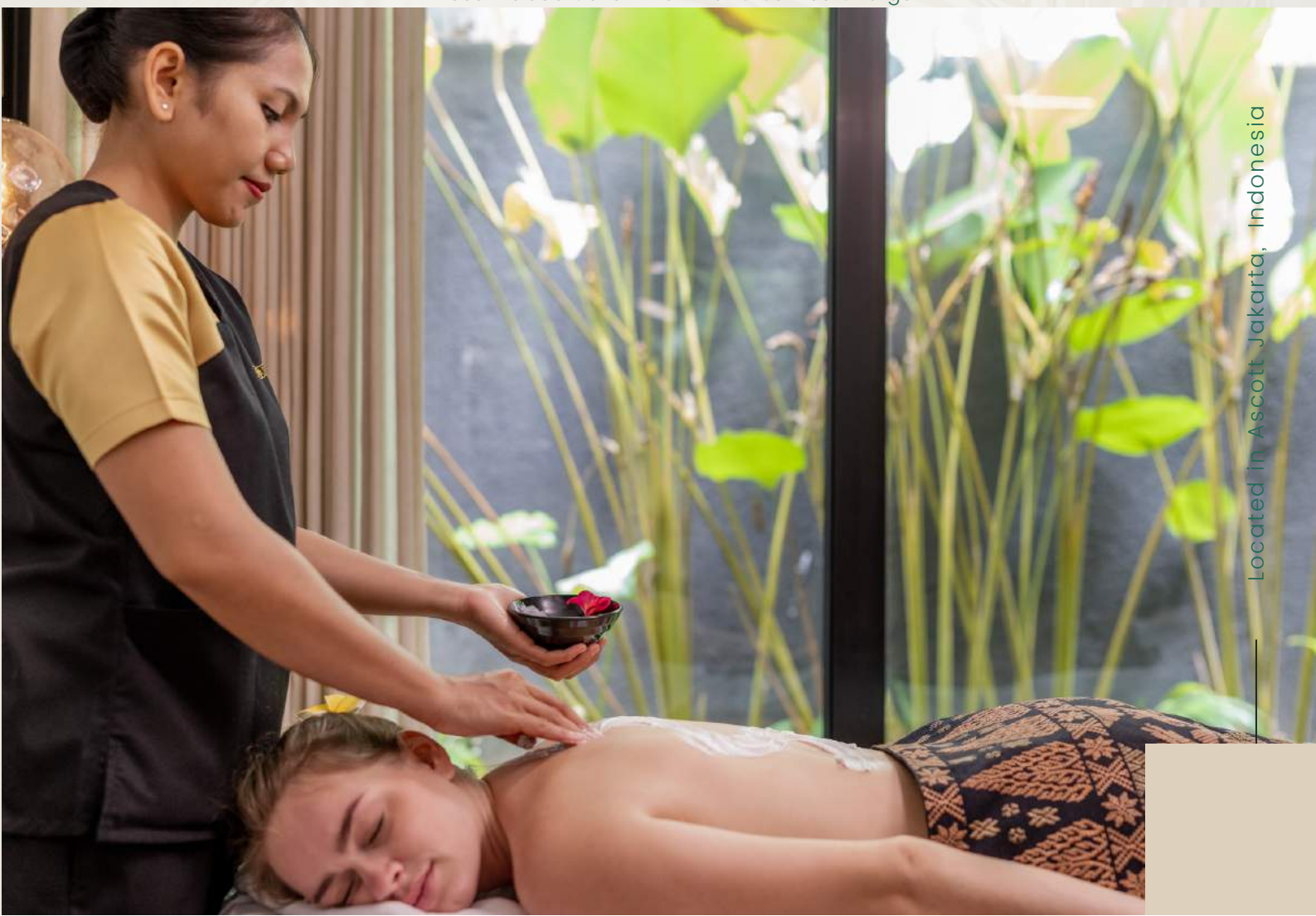
150 min - 900k

NATURAL JOURNEY RITUAL

Our Natural Journey Ritual provides ultimate relaxation as we combine our Deep Tissue Massage, all – natural Body Scrub Treatment, and followed by nourishing Rice Milk Body Mask.

180 min - 1100k

All Prices Exclude Government Tax & Service Charge



Located in Ascott Jakarta, Indonesia

Stop by, relax & enjoy

AME SPA

Located in Ascott Jakarta, Indonesia
Jl. Kebon Kacang Raya No.2, Kb. Melati,
Kecamatan Tanah Abang, Kota Jakarta Pusat,
Daerah Khusus Ibukota Jakarta 10230

All Prices Exclude Government Tax & Service Charge

www.ame-spa.com